

FASD: UNDERSTANDING SUPPORT NEEDS

ASSESSMENTS MATTER



8.



FOLLOW THE TREATMENT PLAN

Memory • Executive functioning • Generalization • Sequencing

7.



UNDERSTAND THE PROVIDER

Receptive language • Processing speed • Attention • Working memory

6.



EXPLAIN WHAT IS HAPPENING

Language • Recall • Interoception • Organizing information

5.



GET TO THE APPOINTMENT

Sequencing • Transportation • Time management • Flexibility

4.



REMEMBER AND PREPARE

Memory • Time awareness • Planning • Organization

3.



MAKE THE APPOINTMENT

Communication • Processing speed • Working memory

2.



DECIDE WHAT TO DO

Problem-solving • Initiation • Understanding urgency

1.



RECOGNIZE A HEALTH CONCERN

Body awareness • Judgment • Emotional regulation



A missed appointment, incomplete explanation, or unfilled prescription may look like carelessness or a lack of concern.

But the breakdown may have occurred anywhere along the way.



ASSESSMENTS HELP US UNDERSTAND:



WHY a task is difficult



WHAT brain functions create barriers



HOW those functions interact



WHERE the process breaks down



WHAT support will make the task accessible



Appropriate support begins with understanding where the process breaks down—not judging the outcome.